

How do I reduce my “Carbon Footprint”?

FIRST!

Go to www.nature.org
to calculate **your** Carbon Footprint.....

.....the results will amaze and humble you!

Then, follow these steps to lower your Carbon Footprint:

Step 1 Turn thermostats two degrees warmer in the Summer and two degrees cooler in the Winter. Close doors to rooms not being used.
Insulate water heaters.

Step 2 Turn off and unplug electronics. Turn off TV cableboxes.

Step 3 Change all incandescent light bulbs to compact fluorescent ones.

Step 4 Run washing machines and dishwashers only when they are loaded fully.

Step 5 Eat food produced locally. Eat less meat—cattle produce 37% of all methane. Methane is 20% more harmful than carbon dioxide.
Carry a canvas tote bag when shopping.

Step 6 Bring your own cup or mug when buying coffee.

Step 7 Cut back on (eliminate) usage of bottled water.

Step 8 Plant a tree.

Step 9 Plan and consolidate trips that you take using your car.
Take fewer plane trips.

Step 10 Carpool, use public transport, ride a bike or walk.